101 Enchanting (&Alcohol-Free)Ways to Spend an Evening

The Drawing Room Society:

Designing An Alcohol-Free Life

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🌿 *Gracious Living*

- Arrange flowers gathered from the farmers market.
- Bake your way through “Sweet Paris” by Frank Adrian Barron
- Host brunch instead of happy hour.
- Invite a friend over for tea.
- Pour tea into beautiful china.
- Create a signature mocktail.
- Set the table beautifully just because.
- Cook a slow, nourishing meal.
- Light candles throughout the house.
- Slip into fresh sheets.
- Practice exquisite sleep hygiene.
- Polish silver while listening to jazz.
- Rearrange a bookshelf.
- Visit an antique shop.
- Visit a botanical garden.
- Restore a forgotten corner of your home.
- Keep fresh flowers on the kitchen table.
- Decorate your home for the changing seasons.
- Learn flower arranging.
- Press flowers from a nature walk.
- Learn calligraphy.
- Learn to needlepoint.
- Learn to knit.
- Make homemade jam.
- Bake bread on a Sunday afternoon.
- Visit a historic home.
- Curate a cozy evening basket with tea, books, and candles.
- Make your bedroom a sanctuary.
- Try one new mocktail recipe each week.
- Buy yourself beautiful pajamas.
- Eat dinner by candlelight.
- Open every window after a summer rain.

📚 *Literary Living*

- Wake early to watch the sunrise with a good book.
- Walk through the forest on a rainy morning.
- Watch “Anne with an E.”
- Read Anne of Green Gables again.
- Read Jane Austen by candlelight.
- Read by a roaring fire.
- Read one chapter of a classic novel before bed.
- Start writing A book.
- Write a wax-sealed handwritten letter.
- Write a letter to your future self.
- Visit your favorite independent bookstore.
- Read poetry aloud.
- Memorize your favorite quote.
- Keep a gratitude journal.
- Be Pen Pals with a friend.
- Listen to an audiobook Or Podcast while baking.
- Create your own reading nook.
- Host a literary salon.
- Visit your local library.
- Read outside beneath a tree.
- Read a biography of a remarkable woman.
- Visit the home of a favorite author.
- Read a chapter before reaching for your phone.
- Start a "books that changed me" journal.
- Copy your favorite passage by hand.

❤️ *Connection & Hospitality*

- Meet a friend for brunch instead of happy hour.
- Invite neighbors for dessert and mocktails.
- Start a monthly book club.
- Bake cookies for someone who needs encouragement.
- Write three thank-you notes.
- Call someone you've been meaning to reconnect with.
- Host an afternoon tea.
- Plan a picnic.
- Visit a museum with a friend.
- Volunteer in your community.
- Bring flowers to someone unexpectedly.
- Create a "Sunday Supper" tradition.
- Watch an old movie with someone you love.
- Plan a phone-free dinner with family.
- Ask someone about their life story.
- Have a porch conversation at sunset.
- Celebrate someone's ordinary Tuesday.

✨ *Intuitive Living*

- Pull a Daily oracle card.
- Keep a synchronicity journal.
- Record your dreams each morning.
- Practice pendulum work.
- Meditate for ten minutes.
- Celebrate Imbolc with candlelight and fresh intentions.
- Welcome Beltane with flowers and time outdoors.
- Watch the sunrise on the Summer Solstice.
- Celebrate Mabon by baking an apple tart.
- Light candles and reflect at Samhain.
- Create a seasonal altar.
- Learn the symbolism of flowers.
- Learn the language of birds.
- Watch the moon rise.
- Go stargazing.
- Watch a nighttime thunderstorm from the porch.
- Sit quietly and listen to the rain.
- Forest bathe without your phone.
- Learn to identify local trees and wildflowers And Read To Them
- Gather pinecones, feathers, or stones on a walk.
- Make a seasonal simmer pot.
- Dry herbs from your garden.
- Blend your own herbal teas.
- Spend an afternoon cloud watching.
- Journal after a sunrise or sunset.
- Watch fireflies on a summer evening.
- Walk barefoot in the grass.
- Spend an hour without your phone in nature.

A Final Thought...

Just begin with one.

One rainy walk.
One candlelit evening.
One beautiful mocktail.
One handwritten letter.
One chapter.
One sunrise.
One lovely choice.

Because the goal isn't simply to spend an evening without drinking. It's to discover an evening so beautiful that you'll want another one tomorrow.

With love,

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